

THE TWELVE HOLY NIGHTS

an astrological retreat



Here follows a resource list, covering the signs of zodiac, the constellations from which they take their name, and material that might be useful for your own personal process. There are books, useful websites and also audio material and there is A LOT!!

If you'll be participating in this process (or preparing for it) by attending a workshop, note that we will be working mostly in a direct, experiential and contemplative way, in addition to studying relevant information and looking at slide presentations. So in fact, it is not 'necessary' to read anything at all on this list beforehand. If you are doing the retreat alone or yourself with others, you can create the kind of process that makes sense for you.

You are invited to follow your own intuitive leads as to what would support your process of astrological learning and personal deepening. If you are completely new to astrology, or meditation, items marked * could be good starting points for you.

It can work well to bring a specific life-focus to the process, but this is not essential. You'll find the material itself will evoke the focus and the process you need.

Do use your personal journal. You might even want to create one specifically for the 'Twelve Holy Nights' process, as you can build on it every year at this time, and in between, too, throughout the year.

'May the Great Round bless and protect you'



THE SIGNS OF THE ZODIAC

You may want to print out the next page, and cut out the separate signs, so that you can contemplate and study them individually. Practise drawing them, too, like calligraphy, or take them into your body, with posture and movement.

The box below shows the quadruplicates (the Modes) across the page and the triplicities (the Elements) down the page.

Together this 3 x 4 makes up the 12-fold zodiac.

The number 12 'holds' a number of other numbers within it.

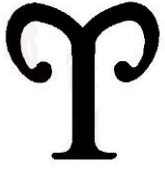
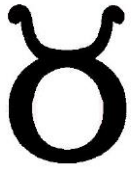
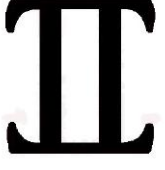



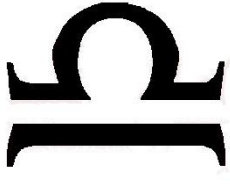





See how many you can find..... here are a few.

$$1 + 2 = 3$$

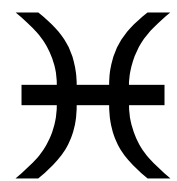
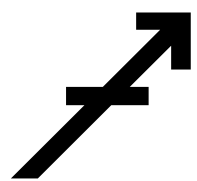
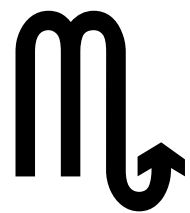
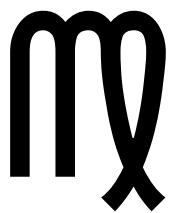
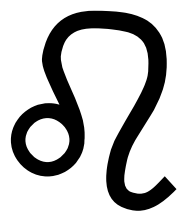
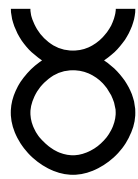
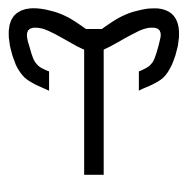
$$1 + 2 + 3 = 6$$

$$1 + 2 + 3 + 4 = 10$$

$$3 + 4 = 7$$

Fire ♋	Earth ♌	Air ♊	Water ♎	
				Cardinal <
Aries	Taurus	Gemini	Cancer	
				Fixed <
Leo	Virgo	Libra	Scorpio	
				Mutable <
Sagittarius	Capricorn	Aquarius	Pisces	

The signs of the zodiac for you to cut out and use as flash cards, or make an oracle, or just enjoy contemplating the shapes and movement of the lines.



THE SIGNS OF THE ZODIAC



Phrases for Contemplation

(Alice Bailey 'Esoteric Astrology', Lucis Press 1951, p. 653)

The first phrase speaks to the awakening of individual consciousness and will, while the one indented encapsulates the conflicts and issues typical of each sign.

1. Aries — I come forth and from the plane of mind I rule.
And the Word said: Let form again be sought.
2. Taurus — I see, and when the eye is opened, all is illumined.
And the Word said: Let struggle be undismayed.
3. Gemini — I recognise my other self and in the waning of that self I grow and glow.
And the Word said: Let instability do its work.
4. Cancer — I build a lighted house and therein dwell.
And the Word said: Let isolation be the rule and yet the crowd exists.
5. Leo — I am That and That am I.
And the Word said: Let other forms exist. I rule.
6. Virgo — I am the Mother and the Child. I, God, I matter am.
And the Word said: Let matter reign.
7. Libra — I choose the way that leads between the two great lines of force.
And the Word said: Let choice be made.
8. Scorpio — Warrior I am, and from the battle I emerge triumphant.
And the Word said: Let Maya flourish and let deception rule.
9. Sagittarius — I see the goal. I reach the goal and see another.
And the Word said: Let food be sought.
10. Capricorn — Lost am I in light supernal, yet on that light I turn my back.
And the Word said: Let ambition rule and the door stand wide.
11. Aquarius — Water of life am I, poured forth for thirsty men.
And the Word said: Let desire in form be ruler.
12. Pisces — I leave the Father's Home and turning back, I save.
And the Word said: Go forth into matter.

Resources for 'The Twelve Holy Nights' process

(items marked * especially suitable if you are new to meditation and/or astrology)

THE ZODIAC IN ASTROLOGY AND ASTRONOMY

BOOKS:

- 'Star Names: Their Lore and Meaning' - Richard Hinckley Allen
- 'Esoteric Astrology' - Alice Bailey
- 'The Labours of Hercules' - Alice Bailey
- 'The Zodiac and the Salts of Salvation' - G. W. Carey
- 'The Zodiac and the Soul' - C.E.O. Carter
- 'The Gospel and the Zodiac' - Rev. Bill Darlison (senior Unitarian minister, Dublin)
- 'Meditation and the Rhythm of the Year' - Michal J. Eastcott
- 'Gospel of the Stars' - Peter Lemesurier
- 'The Nature of the Self' - Francis J. Mott
- 'The Twelve Holy Nights and the Spiritual Hierarchies' - Sergei O. Prokofieff
- 'Mazzaroth' - Frances Rolleston (1875)
- 'The Pulse of Life' - Dane Rudhyar * (o/p, but see online version at www.khaldea.com)
- 'Christ and the Cosmos' - Rev. Gordon Strachan

ON-LINE: Websites and E-Books about the Zodiac

- <http://www.theoi.com/Text/HyginusAstronomica.html> (translations of classics)
- www.merrybattles.com (a personal '12 Holy Nights' journal, over 26 years)
- www.ianridpath.com (constellational stories) *
- <http://ye-stars.com/tmacons.htm> (Diana Rosenberg's website)
- www.insearchofknowing.com (excellent e-Book 'The Zodiac Signs' by Damien Pryor)

WORKING WITH YOUR INNER PROCESS

Audio and/or books - many titles are available in multiple formats.

- 'Cutting Through Fear' - Tsultrim Allione
- 'Feeding Your Demons' - Tsultrim Allione
- 'When Things Fall Apart' - Pema Chodron (note especially the Tonglen practice) *
- 'Comfortable With Uncertainty' - Pema Chodron *
- 'Good Medicine' - Pema Chodron
- 'A Path With Heart' - Jack Kornfield (book) *
- 'Meditation for Beginners' - Jack Kornfield *
- 'Healing Into Life and Death' - Stephen Levine (www.levinetalks.com) *

THE ASTROLOGER'S PRAYER

♈ Teach me how to be
and be aware, ♎

♊ Teach me how to have,
and how to share. ♋

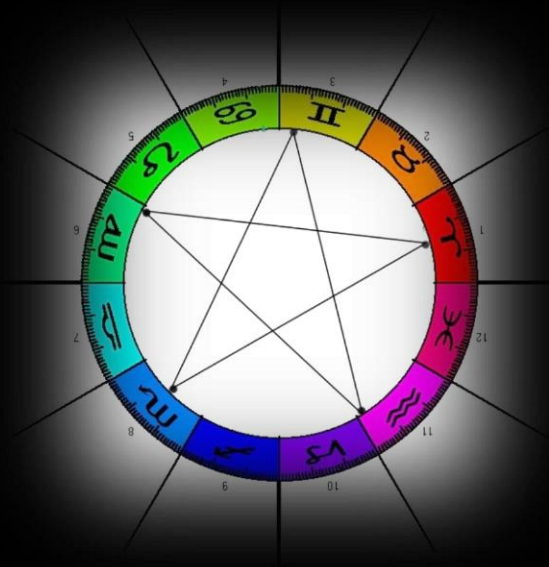
♁ Teach me to understand
as well as know; ♆

♁ Teach me how to root,
and how to grow. ♃

♏ Teach me how to love
- and to be free - ♋

♍ To be of service...
... and to come to Thee. ♃

May the Great Round
Bless and Protect You



Calendar for 'The Twelve Holy Nights'

<p>Prepare Yourself and your space ...</p> <p>Make notes on Moon phases, transits, or anything personal ...</p>	<p>24</p>	<p>25 ♄</p>	<p>26 ♃</p>	<p>27 ♋</p>	<p>28 ♌</p>	<p>29 ♍</p>
<p>30 ♈</p>	<p>31 ♉</p>	<p>1 ♊</p>	<p>2 ♋</p>	<p>3 ♌</p>	<p>4 ♍</p>	<p>5 ♎</p>